

HOTEL AN IHG HOTEL BALI SEMINYAK BEACH

## FACTORY FUSION



Join the Ultimate Fitness Weekend! Body Factory Bali at Hotel Indigo Bali Seminyak Beach Experience two epic days filled with fitness, fun, and prizes!

BFB Members: complimentary

Friends of members: 150k/class

Hotel Guest: 100k/class

After party: IDR 300,000 / person including 2 cocktails, canapés and entertainment



Scan here to book Register for all or some of the classes. Places are limited.



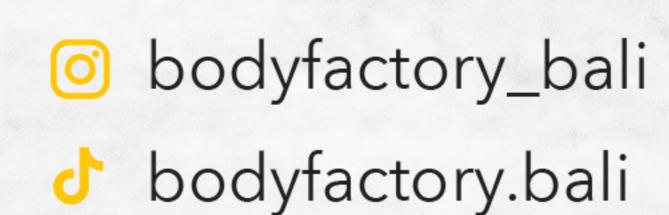
More information and schedule

Prizes sponsored by:















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## WEEKENDHIGHLIGHTS

SATURDAY

4:45pm - 5:30pm BFB BOOTY Coach Amy & Jade Main Grass Area

5:45pm - 6:45pm YOGA & MEDITATION Coach Ika & Amanda Villa Garden

SUNDAY

7:15am - 8:15am QI GONG & BREATHWORK Coach Todd

Villa Garden Area

8:30am - 9:15am HIIT EXPLOSION Coach Oli, Mei & Will Main Grass Area

9:45am - 10:45am MOBILITY & PILATES IN PARADISE

Coach Stella & Tara Main Grass Area

2pm - 2:45pm

**BOXING MASHUP** 

Coach Vincent & Komang Conference Room

4:30pm - 5:15pm

RELAY COMPETITION

Coach Vincent, Mei, Oli & Will Start point at Main Grass Area

6:00pm

**COCKTAIL CLOSING PARTY** 

w/ prize giveaway

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